

Kimberly's Garden Posies

Designed by Grace Wilson



Approx. Finished Size 24" x 24"
Finished Block size 6"

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Fresh Water
Designs

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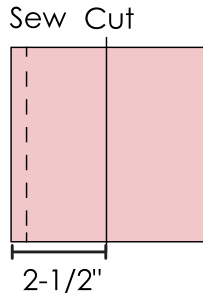
A Charm Pack Pattern

Quilt designed by Grace Wilson for Fresh Water Designs
Fresh Water Designs Kimberly's Garden fabric collection

Directions

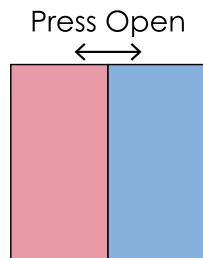
1. Choose 24 squares in a variety of colors and designs for flower petals. Place them together into 12 pairs, right sides together.

2. Sew a 1/4" seam down one side of each pair.

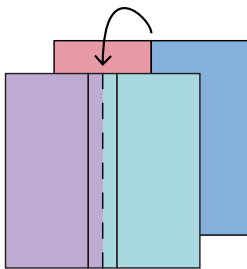


3. Cut each pair in half. See diagram to above.

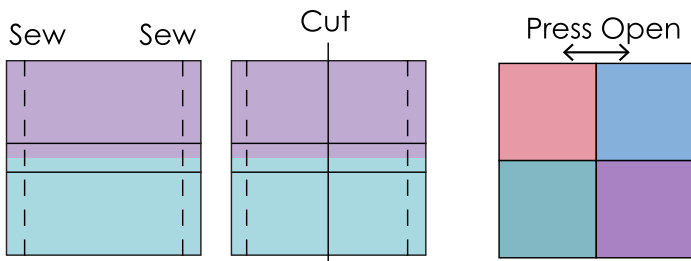
4. Press the sewn unit open. This makes 12 bar units.



5. Place two bar units right sides together matching the seam lines. Mix and match the bar units for a total of 6 pairs.

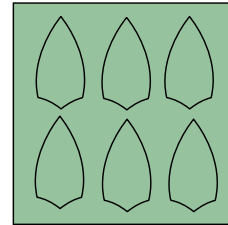


6. Rotate the pairs 90°. Sew a 1/4" seam allowance on two sides of each pair (perpendicular to the first seam, see diagram). Cut in half down the middle. Press open. Press the seam allowances open.

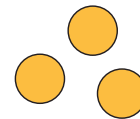


7. From the leftover fabric, cut 24 single bars 2" x 4-1/2" for the bar sashing. Sew the bars together end to end, into 4 rows of 6 bars.

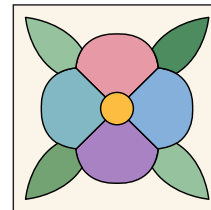
8. Make 48 leaves from a variety of the green fabrics and left over prints!



9. Make 12 centers using a variety of yellow fabrics.



10. Using your favorite appliqué technique, appliqué the posy blocks onto the Vintage White squares. Instructions for Soft Center Appliqué can be found on the back along with templates for the flowers and leaves. Press and trim to 6-1/2" square.



11. Sew the blocks into rows of 4 and the single bars into rows of 6, short ends together (see diagram). Press posy blocks open. Press bars to one side.

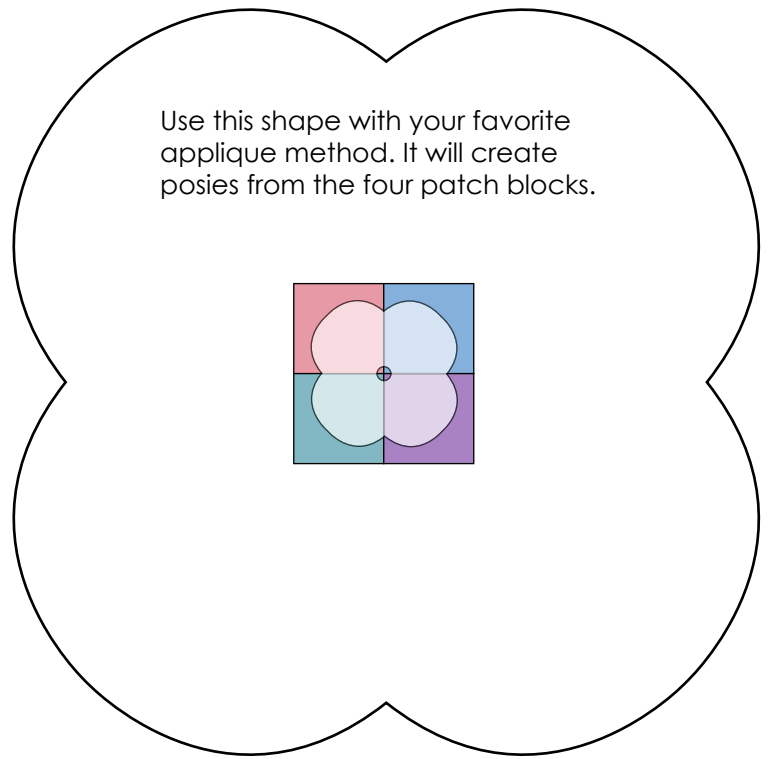
12. Sew rows together starting with a bar row and alternating block and bar rows. See diagram. Press toward the bar rows.

13. Layer the top, batting and backing together. Baste.

14. Quilt and bind.

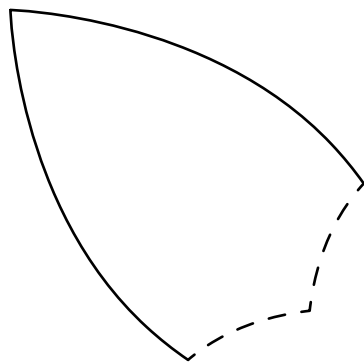
Soft Center Appliqué Technique

1. If the pattern has not provided reversed appliqué shapes you will need to be reverse (mirror image) them.
2. Trace each shape onto the dull side of Wash Away or freezer paper. Include the dashed lines if indicated on any of the shapes.
3. Cut each shape out along the marked lines.
4. Cut the center of each shape out leaving 1/4 to 1/2" all the way around the shape.
5. Press the silhouette paper shape on the wrong side of the fabric.
6. Cut out each fabric shape leaving 1/8 to 1/4" seam allowance on all sides.
7. Fold the seam allowance to the back of the shapes. The firm paper edge will help achieve a crisp edge to the shapes. Tack down with either water soluble glue or hand baste with a needle and silk thread (removes easily later).
8. Layer the appliques onto the base fabric square.
9. Using a machine buttonhole or narrow hem stitch appliqué the shapes to the block.
10. Carefully trim away the fabric on the back of the shapes leaving at least 1/4" seam allowance. This will allow the batting to fluff into the shapes as the quilting is applied to the quilt.
11. If you used freezer paper, remove it from each appliqué. If you used a wash away paper it will soften with the first washing of the quilt and eventually wash away.



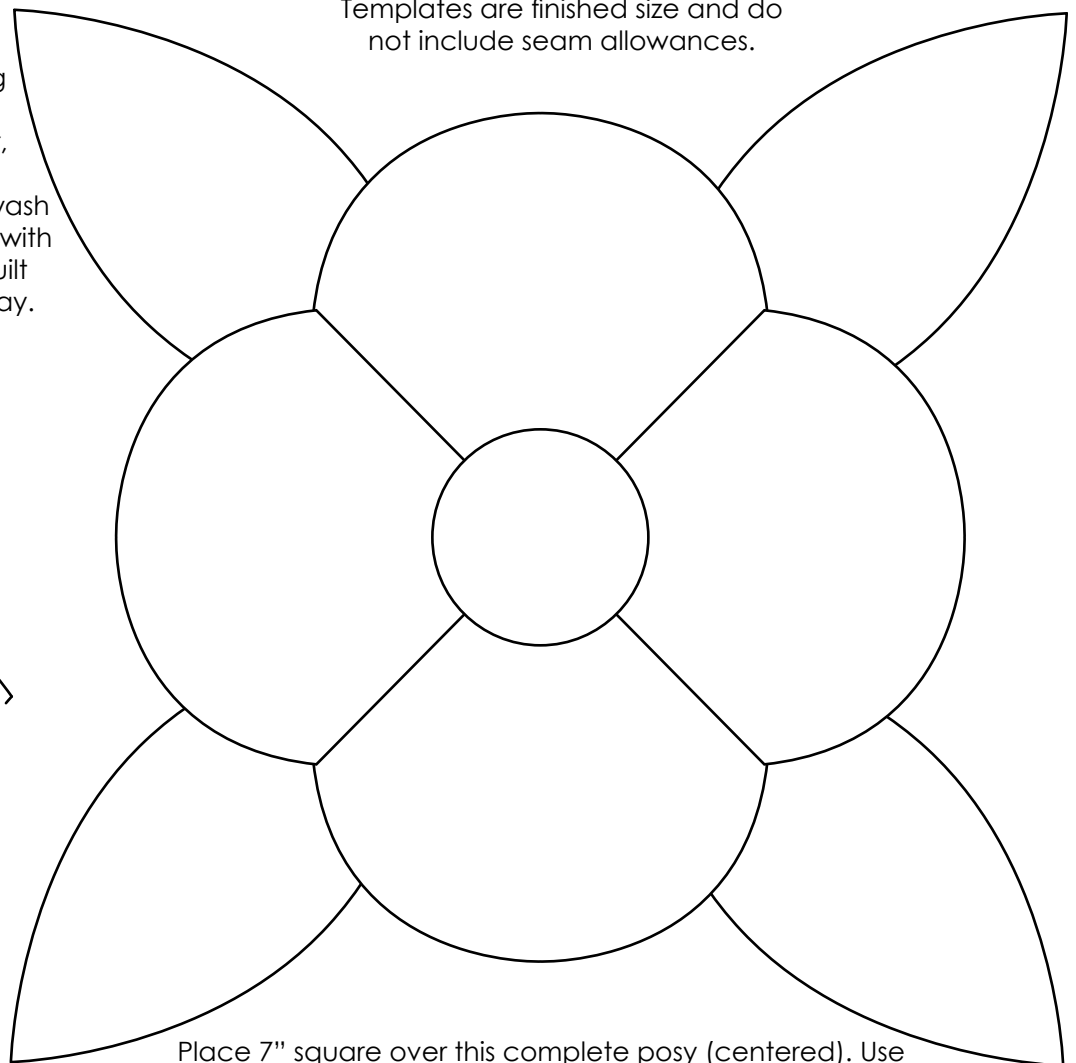
Use this shape with your favorite applique method. It will create posies from the four patch blocks.

Templates are finished size and do not include seam allowances.



1" square box

Use to be sure templates are the correct scale.



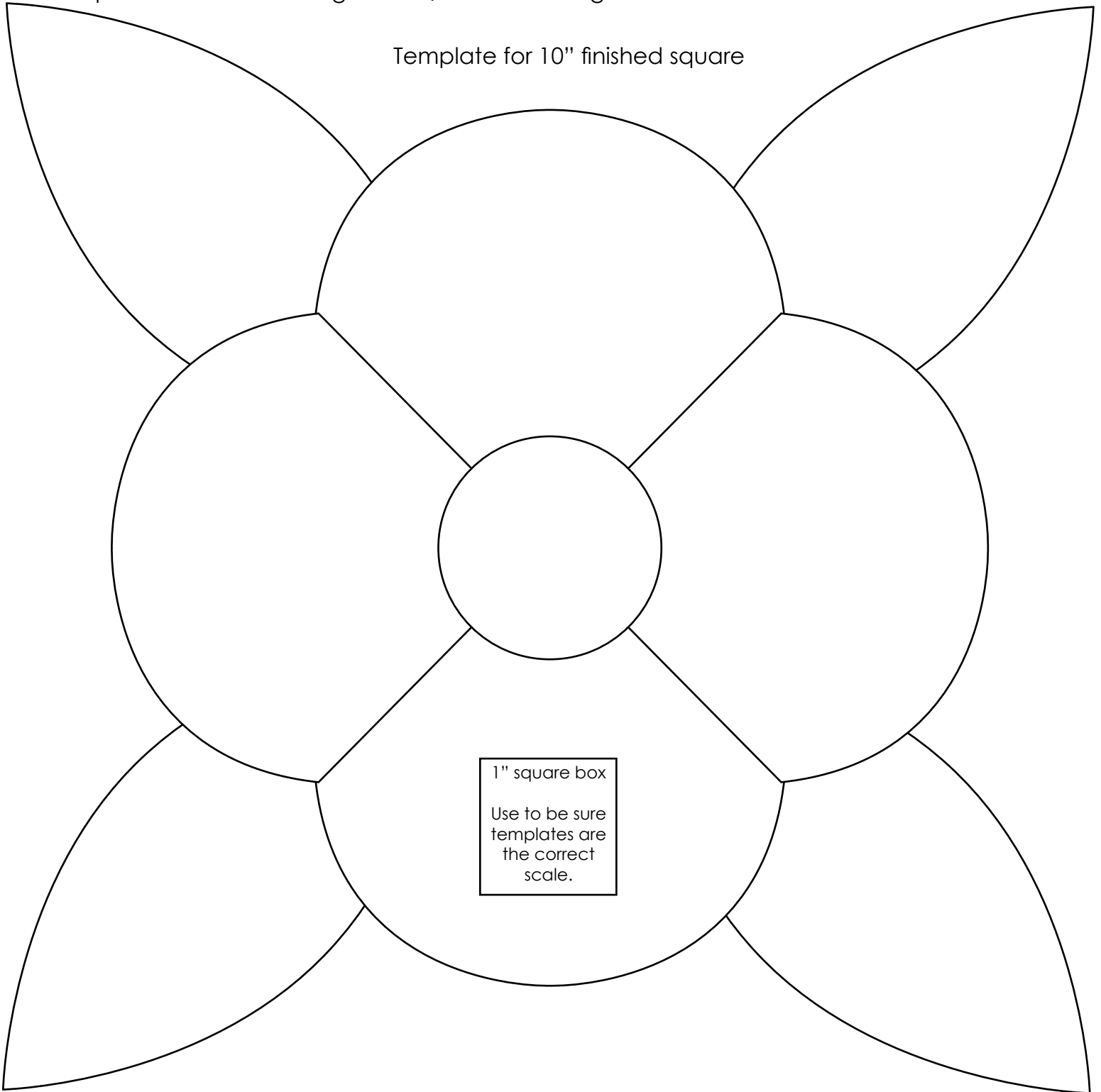
Place 7" square over this complete posy (centered). Use as a guide to place the appliques. Tack each in place.

For larger Blocks and a larger finished quilt (approx. 40-1/2" x 40-1/2")

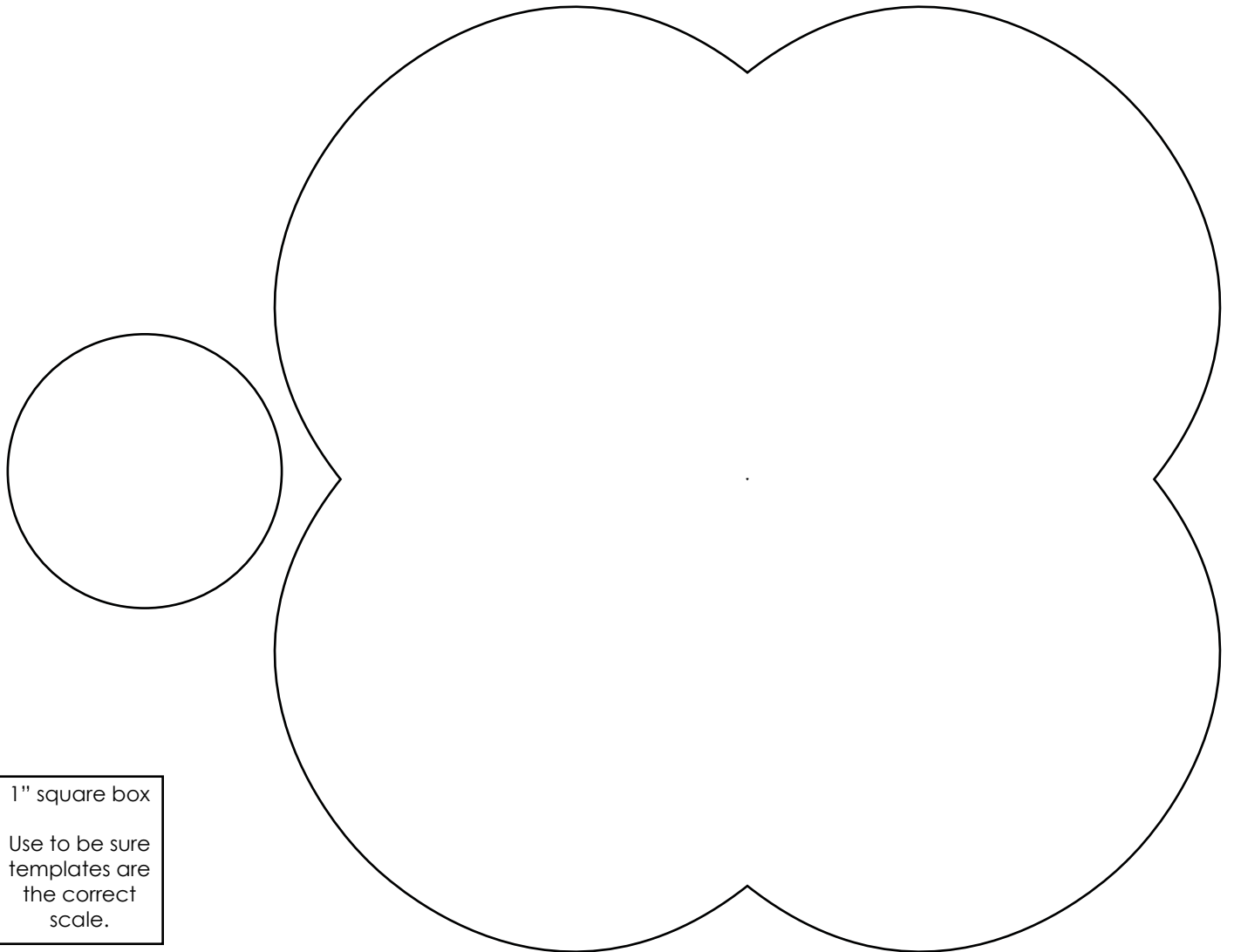
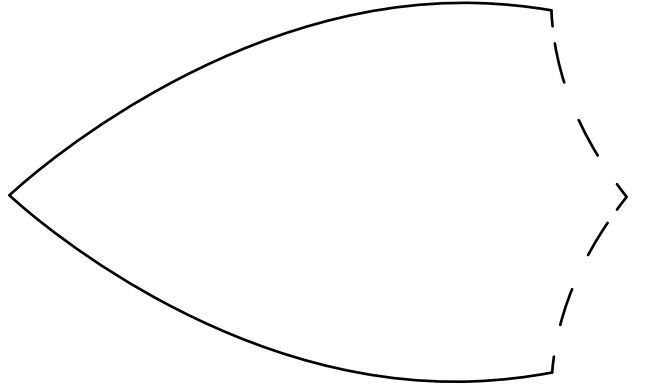
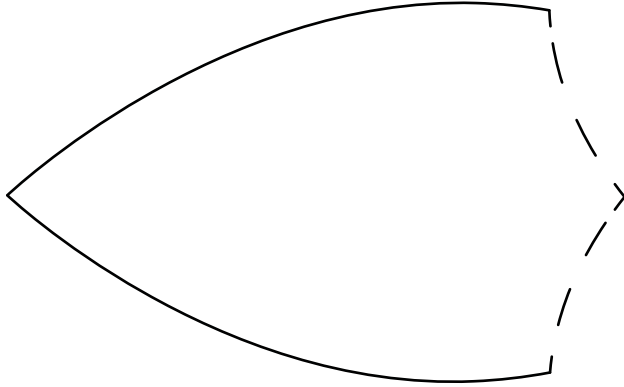
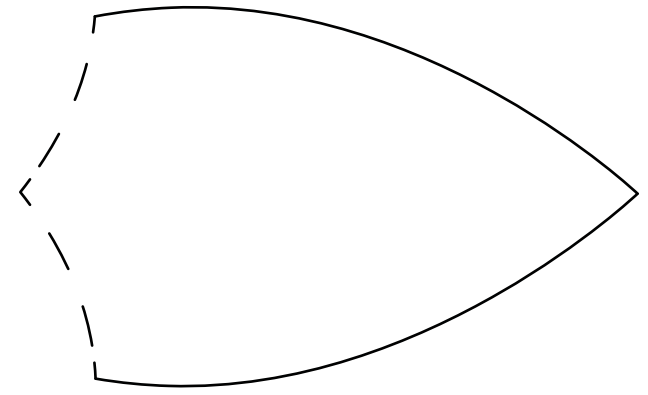
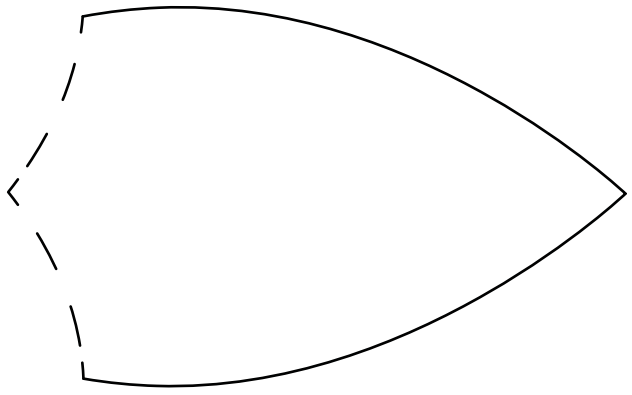
Make a finished 10" square block instead of the 6" square, and make the following changes to the instructions:

1. Increase the yardage of the Vintage White to 1-1/4 yds.
2. Increase the yardage of the Green as needed.
3. Cut 8" squares from the prints instead of using a 5" charm square
4. Cut (12) 10-1/2" squares from the Vintage White (or slightly larger to allow trimming after applique is completed)
5. Use the templates for 10" square on this and the following page.
6. Follow the instructions with the following changes:
Step 3: cut the pairs in half at 4" instead of 2-1/2".
Step 7: cut the bar sashing 3" x 7-1/4" and sew together end to end.

Template for 10" finished square



Templates for 10" finished square



1" square box
Use to be sure
templates are
the correct
scale.

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Supplies Needed:

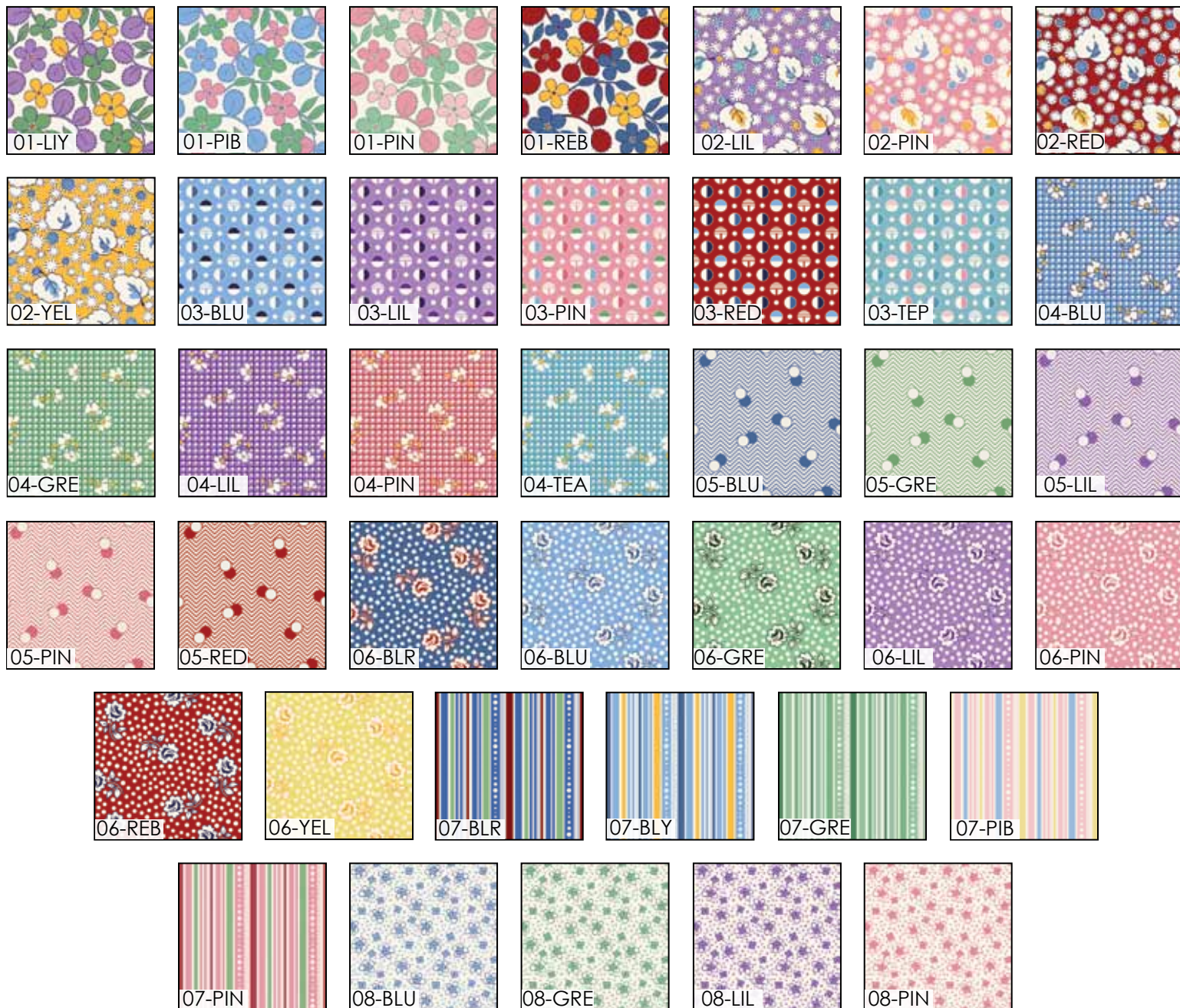
1 charm pack of Kimberly's Garden collection (47)

5/8 yard Vintage White (FWDKGS-VIW)

Cut into 16 7" x 7" squares

1 yard Green Solid (FWDKGS-GRE) for backing & binding

FWDKIGx



FWDKGS-x

